

# LOCATION

Centrally situated on the Cape Peninsula and at the gateway of the Constantia Valley, la Belle Bistro Bakery, within The Alphen Boutique Hotel, Constantia, is a mere 25 minutes from Cape Town City Centre, Cape Town International Airport and False Bay Beaches.

## **FROM CAPE TOWN INTERNATIONAL AIRPORT** (± 25 minutes)

- Take the N2 to City for about 12.5 km and take Rhodes Drive (M3) turn off to Muizenberg
- Follow the M3, past UCT for about 9 km
- Take Exit 14 off to the M41 to Constantia Main Road
- At the stop sign turn left and go under the bridge
- Turn right at the set of traffic lights into Alphen Drive
- Keep to the left of Alphen Drive Road until you see the Hotel on your left

## **FROM CAPE TOWN CITY CENTRE** (± 25 minutes)

- Take the M3 out of town towards Muizenberg on either Eastern Boulevard or De Waal Drive
- At Hospital Bend take the M3 to Muizenberg fork
- Follow the M3, past UCT for about 9 km
- Take Exit 14 off to the M41 to Constantia Main Road
- At the stop sign turn left and go under the bridge
- Turn right at the set of traffic lights into Alphen Drive
- Keep to the left of Alphen Drive Road until you see the Hotel on your left

## **FROM BLOUBERSTRAND / NORTHERN SUBURBS** (± 40 minutes)

- Take the M14 until you get to the R27
- Take the R27 towards Table Bay/City
- Take the N2 to City and take Rhodes Drive (M3) turn off to Muizenberg
- Follow the M3, past UCT for about 9 km
- Take Exit 14 off to the M41 to Constantia Main Road
- At the stop sign turn left and go under the bridge
- Turn right at the set of traffic lights into Alphen Drive
- Keep to the left of Alphen Drive Road until you see the Hotel on your left

## **FROM HOUT BAY** (± 25 minutes)

- Take the Hout Bay Road until you get to Constantia Nek road
- Take the Constantia turn off
- Follow the road past Constantia Village
- Past the Sports Club traffic lights
- At the second set of traffic lights is Alphen Drive
- Keep to the left of Alphen Drive Road until you see a green sign indicating Alphen