



ARTISANAL STONE-OVEN BREADS

Health, Ciabatta, Sourdough or Rye

BAGELS & TOASTS

SMOKED SALMON SESAME BAGEL 110

Horseradish crème fraîche, fennel fronds, capers & shallots

PASTRAMI ONION BAGEL 90

Cornichons, emmental, coleslaw & pink sauce

CREAM CHEESE POPPY SEED BAGEL (V) 60

Tomato & dill
(Add Avocado SQ)

CRUSHED AVOCADO TOAST (V) 75

Tahini seeds & boiled eggs

BEANS ON TOAST (V) 65

Herb marinated beans, olive oil, sea salt & parmesan

CEREALS, GRAINS & FRUITS

FARMERS FRUIT (V) 80

Seasonal fruit & yoghurt

GRANOLA CLUSTER (V) 90

In-house granola, seasonal fruit, yoghurt & honey

ALMOND & BANANA STEEL-CUT OATS (V) 70

Almond milk, almond butter, toasted almond, banana, coconut & maple syrup

EGGS & THINGS

LA BELLE BREAKFAST 130

Cage-free eggs your way, smoked streaky bacon, beef sausage, roma tomato & brown mushrooms

SOFT SCRAMBLED EGGS (V) 80

Fine herbs, butter & cream cheese

ENGLISH MUFFINS

Poached cage free eggs your way & tarragon hollandaise

SALMON 120

SMOKED STREAKY BACON 90

CHEESE OMELETTE (V) 95

Gruyère, parmesan, cress & black pepper

MUSHROOM OMELETTE (V) 95

Thyme, shallots, garlic & parmesan

LA BELLE QUICHE (V) 75

Roast butternut, feta, caramelised onion, cress & vinaigrette

FLAT BREAD (V) 80

Roasted red pepper hummus, chermoula, chickpea, dukkah & flat bread

(Add poached egg 35)

SWEET TREATS

BUTTERMILK PANCAKES 75

Vanilla, butter & honey

BRIOCHE FRENCH TOAST 90

Brown butter & maple syrup

RAW JUICES

FRESH JUICE 40

Choice of apple, carrot, orange & pear

C BREEZE 55

Grapefruit, pineapple, kiwi & raspberry

CHILLI QUEEN 50

Carrot, chilli, pineapple, lime & coriander

RED BEAUTY 50

Beetroot, carrot, celery & cucumber

GREEN PEACE 50

Celery, apple, cucumber & spinach

SMOOTHIES

MANGO MAGIC 65

Mango, pineapple & coconut milk

FRUIT LOOP 60

Raspberry, passion fruit, litchi & strawberry

BANANA BLISS 60

Banana, raspberry, litchi & low fat yoghurt

TROPICAL TANGO 60

Pineapple, kiwi & raspberry

VITAL HIGH 55

Pineapple, apple, banana & hemp seeds

GOLDEN GLOW 50

Turmeric, banana, ginger, pineapple, lemon juice & almond milk

MILKSHAKES

BERRY & WHITE CHOCOLATE 50

DOUBLE CHOCOLATE 50

BANANA & PEANUT BUTTER 50

THE PEPPERMINT CRISP 50

TEA SELECTION

BLACK

DARJEELING SUMMER GOLD 28

Black tea with a flowery elegance & a deliciously well-balanced aroma from India

ASSAM BARI 28

Strong, spicy & malty black tea from a region in India called Assam

EARL GREY 28

Autumn darjeeling with the refreshing citrus aroma of bergamot

MASALA CHAI 28

Strong blend from assam with its famously exotic & powerfully hot spices

GREEN

GREEN DRAGON 28

Light green tea with a flurry of freshness

MOROCCAN MINT 28

Gunpowder green tea melded with fresh Moroccan mint

HERBAL

DARJEELING SUMMER GOLD 28

Lemon balm, anise & a breath of thyme

AYURVEDA HERBS & GINGER 28

Ayurveda with ginger, lemongrass & verbena

FRUITY CAMOMILE 28

Wholesome infusion of orange petals

ROOIBOS CREAM ORANGE 28

Rooibos, vanilla & a taste of ripe oranges

FRUIT

LEMON FRESH 28

Fruit infusion of lemon peels, lemongrass & apple

SWEET BERRIES 28

Sweet berry infusion made of local fruits & red berries